

Knitting for Beginners and Improvers

Learn to knit or improve your skills at The Space Yoga Studio with Sasha Norton



~ For adults and children aged 13+ ~
 3 sessions on Tuesday August 4th, 11th or 18th, 2-4pm
 ~ Soft drinks and biscuits provided free ~

PLACES STRICTLY LIMITED – BOOKING ESSENTIAL

Sasha (right, wearing hand-knitted jewellery) is an enthusiastic knitter and professional yoga teacher. She can get you started from scratch or help give you the confidence and skills to tackle more advanced projects. She is even happy to guide you to use knitting as a meditative practice, if you wish.



The price is **£15 for 1 session** or **£12 per session for 2 or more sessions**. Are you a complete beginner? Or perhaps you'd like to attempt a complex pattern or specialised technique such as Aran or Fair Isle? You can either buy a kit from us or just bring in your choice of project for help. *If you don't buy a kit from us, you must supply all your own materials for the project:* knitting needles, wool, pattern and any accessories such as buttons (all available from Glynswood, 11 High Street, Thame).

Kit details:

Complete beginners. A choice of 2 kits: monkey (above) or rabbit (right) that contain everything you need to make a soft toy – ideal as a gift for a small child.

£6 per kit

Improvers. For those who have mastered the basics of knitting. A kit to produce beautiful, beaded jewellery, knitted using wire. **£7 per kit**



OR: A kit to make luxury-soft socks from bamboo yarn using double-ended needles. **£10 per kit**



Booking Form:

Name

Address

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Telephone

Email

£15 for 1 session, £12 per session for 2 or more sessions:

Session Aug 4th Aug 11th Aug 18th

Kit quantity rabbit £6 monkey £6 jewellery £7 socks £10

~ **NB.** You must supply all your own materials if you don't buy a kit ~

TOTAL £

You may pay by cheque or cash in person at The Space or send a cheque payable to 'Fire Angel Yoga'. Please enclose an SAE if you require a receipt.

4 Upper High Street (above Green's Furnishings),
 Thame, Oxfordshire OX9 3ES

www.thespacethame.com

thespace@fireangel yoga.com

tel. 01844 202398 or 07791 165998

